

# ***Urban Planning With Integrated Natural Systems (UPWINS)***

***National Conference on Ecosystem Restoration (NCER)***

***Albuquerque, NM***

***April 14-19, 2024***

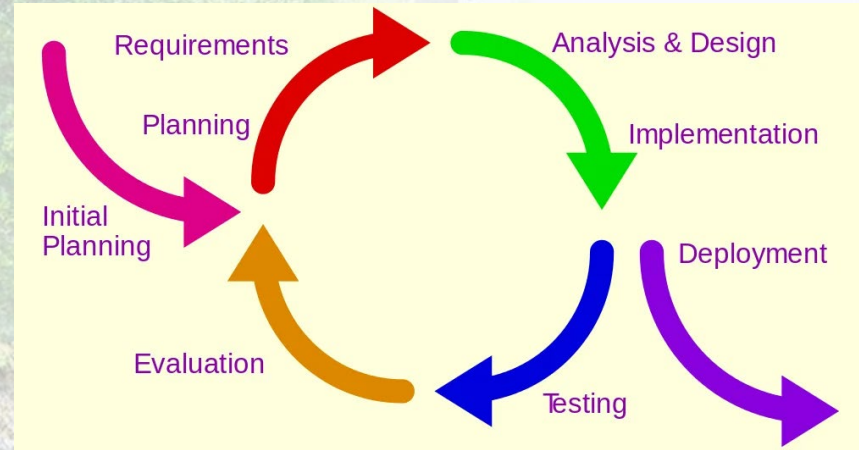
***Billy E. Johnson, Michael Luegering,  
and Tim Dekker***

# Introduction

Nature Based Solution (NBS) Design offers a process for incorporating multiple components (**hydrology, geology, ecology, human systems**) in the development of environmental restoration projects.

The incorporation of each component over the course of a project necessitates **iteration**, or the reexamination of the project as a whole, to determine if the project definition and formal design concept are still capable of delivering maximum benefit in balance.

Iteration allows a project to be **scrutinized** at **multiple levels**, from the site extent project definition to the specific form/function of the project.



# NBS Design Process

Facilitating a process of **NBS design** for clients necessitates a **clearly laid out process** and **key tools** that can facilitate iterative design.

The process definition can help clients ask **important questions** about the **extent** and **function** of a site as well as the process for incorporating data and design decisions along a timeline.

With every site being **unique** but with **common core characteristics** to the process, we can help avoid a single design fits all strategy.

While process definition can inform an approach, we have identified **key areas of technical methods** which necessitate the development of tools to enable the process to achieve design excellence.

**Planning Tools** - GUI, models and exploratory tools to be used on the front end of studies to rapidly explore many options. Support conceptual/schematic design activities to allow preliminary costing of preferred alternatives.

**Biology/Ecology** – What is the current state and direction of the ecosystem? In what way do we want to influence the ecosystem? How significant is the feedback from biology and ecology to the other tiers (i.e. H&H, Geomorphology, and WQ)?

**Water Quality** – Which factors and processes influence WQ? To what degree? Which processes can be influenced?

**Geomorphology** – Which forms are present in the system? How dynamic or these forms?

**H&H** – What scales and/or locations control H&H? What are approximate costs for earthwork and infrastructure? What are O&M costs?



# Hydraulics & Hydrology

Select models that can be used at fine resolution scales to large regional scales.

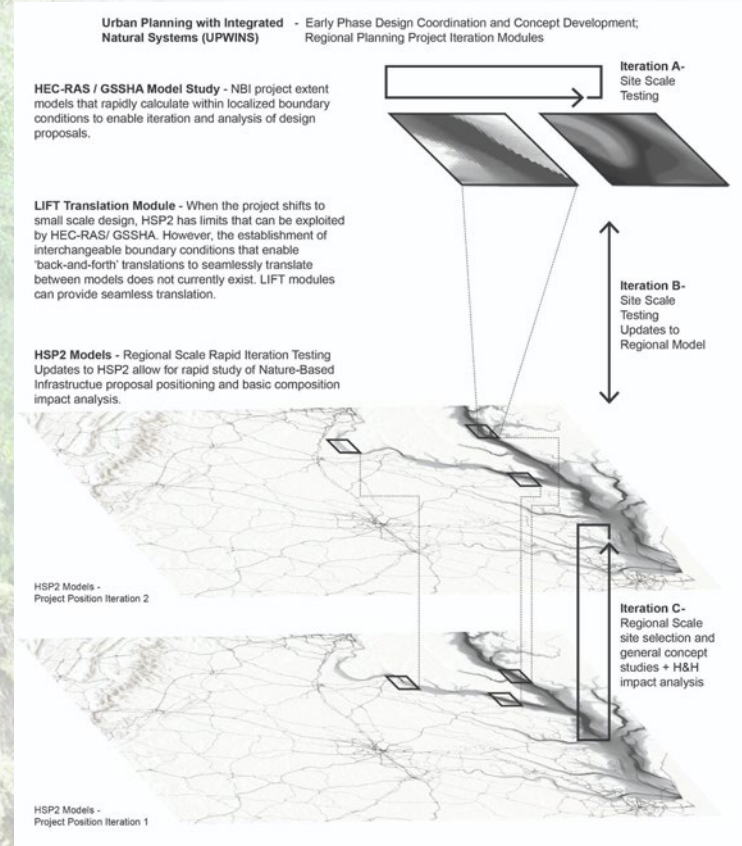
**HEC-RAS** – Hydrodynamic model that allows the user to perform one-dimensional steady flow, one and two-dimensional unsteady flow calculations, sediment transport/mobile bed computations, and water temperature/water quality modeling.

**GSSHA** – A two-dimensional, physically based watershed model that simulates surface water and groundwater hydrology, erosion and sediment transport.

**HSP2** - Watershed model that is a part of the well-established Hydrological Simulation Program - FORTRAN (HSPF), re-coded with modern scientific Python and data formats. HSPF is a process-based watershed model for quantifying runoff and addressing water quality impairments associated with combined point and nonpoint sources.

**SWAT** – A small watershed to river basin-scale model used to simulate the quality and quantity of surface and ground water and predict the environmental impact of land use, land management practices, and climate change. SWAT is widely used in assessing soil erosion prevention and control, non-point source pollution control and regional management in watersheds.

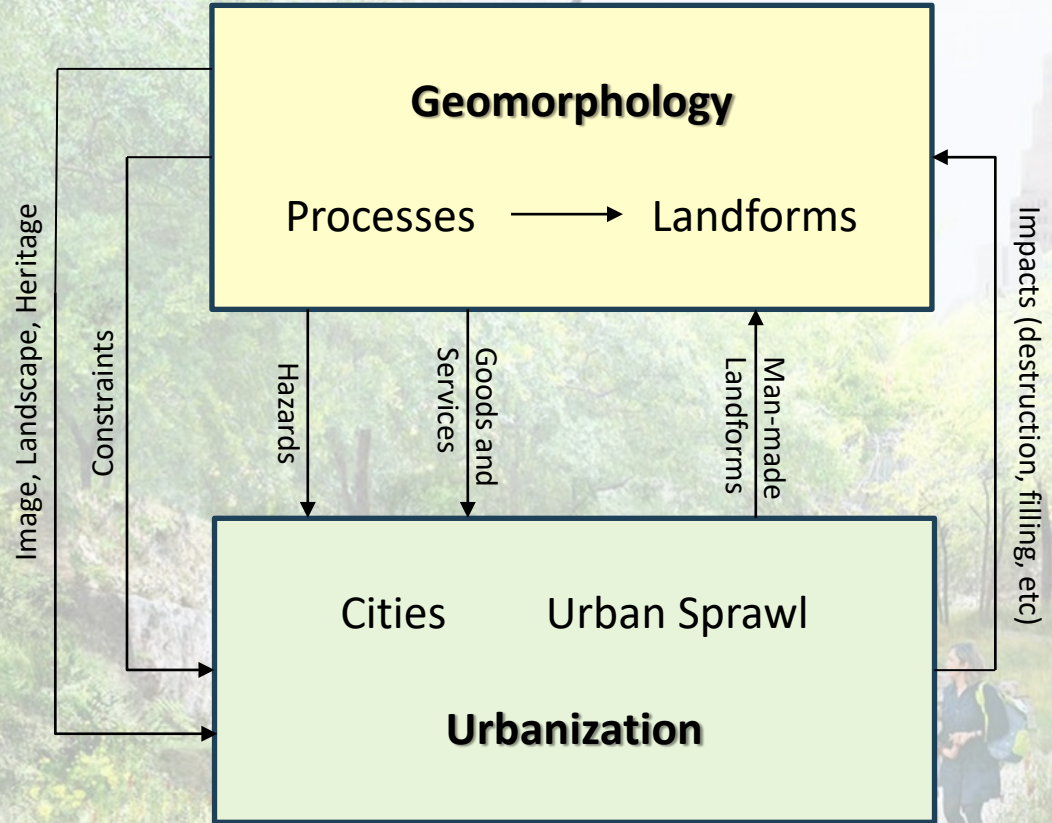
## Multi-Scale – Spatial and Temporal



# Geomorphology

Urban geomorphology is the study of how anthropogenic changes (Urbanization) affect a natural terrain.

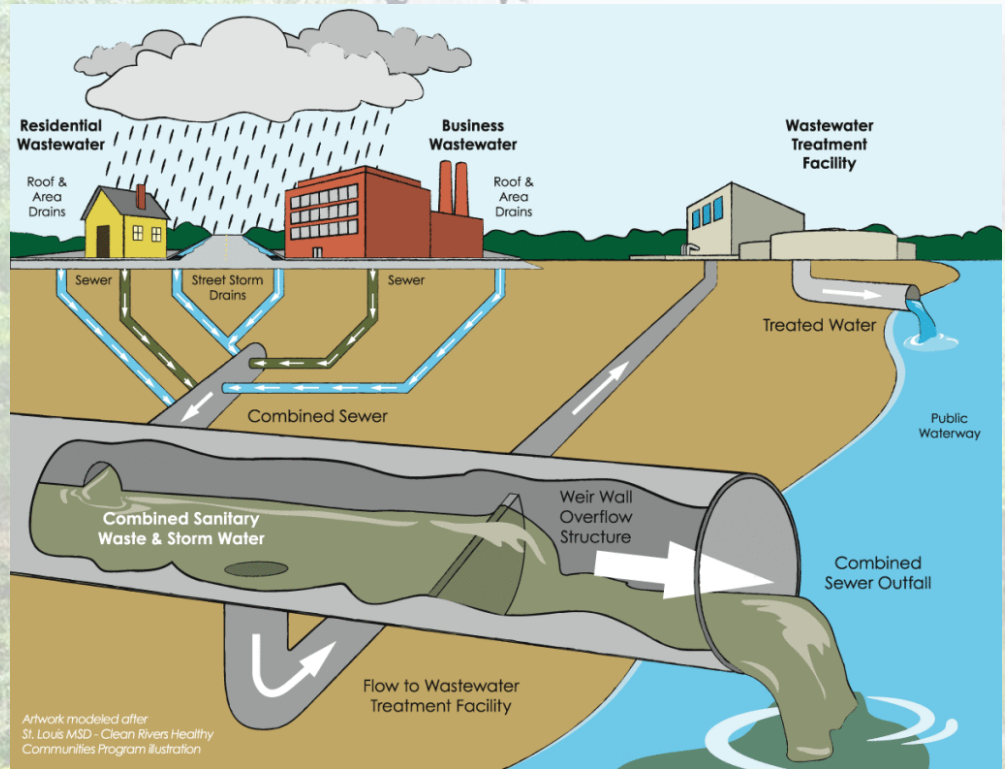
- Land Subsidence
- River Channelization
- Urban Erosion and Sedimentation
- Land Reclamation
- Cut and Fill Landscapes
- Urban Heat Island Effect
- Urban River Restoration
- Mining and Quarrying Impacts
- Coastal Urbanization
- Urban Slope Stability



# Water Quality

The effects of urban development on water quality tend to be more variable than hydrological or geomorphological effects, depending on:

- Urban land use (residential versus commercial/industrial)
- Presence of water treatment plants
- Illegal discharge connections
- Effluent or combined sewer overflows
- Landfills
- Failing septic systems
- Extent of stormwater drainage



# Biology/Ecology

Urban Ecosystems are considered an ecosystem functional group within a larger land-use biome.

They are structurally complex ecosystems with **highly heterogeneous** and **dynamic spatial structure** that is created and maintained by humans.

They include cities, smaller settlements and industrial areas, that are made up of diverse patch types (e.g. **buildings**, **paved surfaces**, **transport infrastructure**, **parks and gardens**, **refuse areas**).

Urban ecosystems rely on large subsidies of **imported water**, **nutrients**, **food** and **other resources**.

Compared to other natural and artificial ecosystems **human population density is high**, and their interaction with the different patch types produces emergent properties and **complex feedbacks** among ecosystem components.



# Community Exposure

Who and What is most at risk?

What are the risks?

When are the risks?

Where are the risks?

How might you reduce Exposure?





# Actioning: Identify Projects, Involve People in the Solutions

- Hold Workshops
- Group Sectors/Disciplines by Local Expertise and Interests
- Allow for Cross Pollination of Ideas
- Evaluate Risk-Opportunities
- Evaluate Vulnerabilities-Strength/Capacity

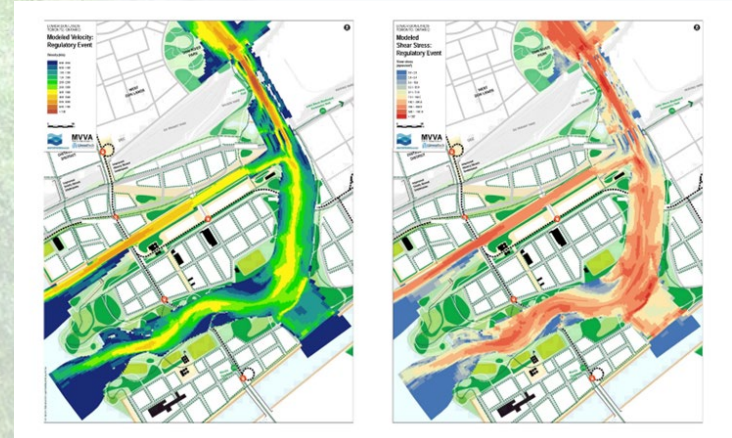


Climate Ready Dorchester, Massachusetts. Source: <https://www.scapestudio.com/projects/climate-ready-dorchester/>

# Problems to Opportunities



- Pivot quickly from Problems to Opportunities
- Empower Local Actors, Culturally relevant Approaches
- Blend Outside Expertise with Local Expertise



# Accepted Technologies Blended with Local Technologies



dlo rigol: 'bioswale'

## **Teknik / teknoloji**

reyabilitasyon dlo / dlo rigol  
kaptaj  
filtraj (chimi, natirèl)



Sispann èrodasyon ravin ak woche ak kouvèti vegetal

© 2018 Dave Hampton



koleksyon lapli pou lakay (sitèn)



dlo kaptaj / rezèwva

*Pwojèt katalitik*



impluvium

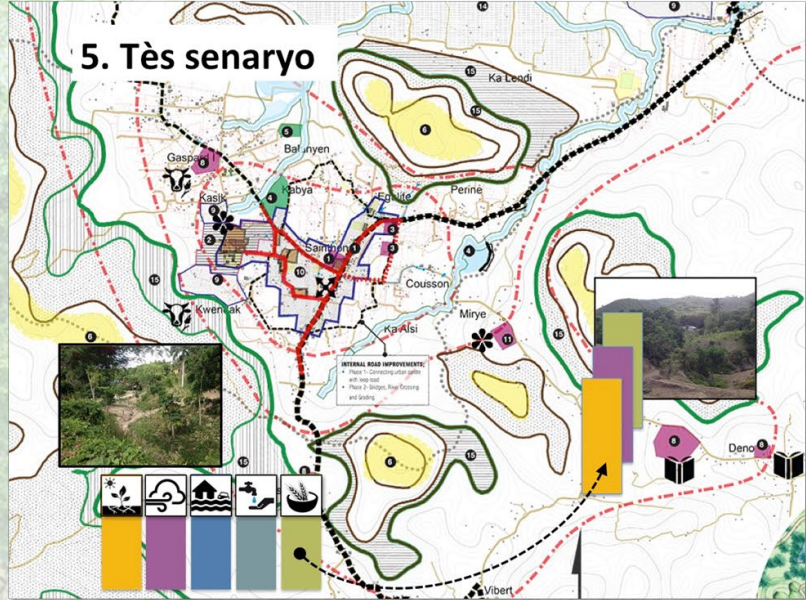
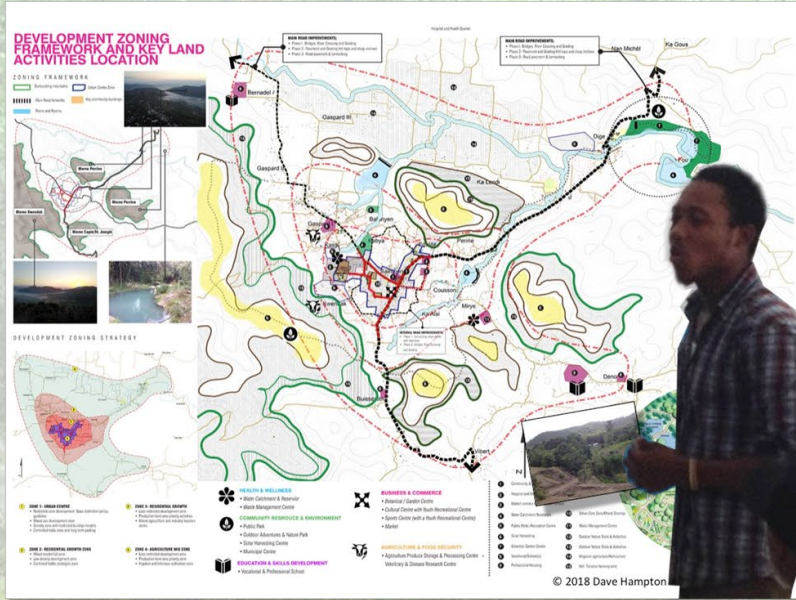
Try to draw from both 'accepted practice' and local technologies

Scale: toggle between household, community, and landscape.

From a workshop in Fond-des-Blancs, Haiti



# Community Engagement



Ideate and test scenarios against actual sites.  
Visit field to determine feasibility.  
Repeat.

From a workshop in Fond-des-Blancs, Haiti



A lush green park scene with a stream, trees, and people walking. The scene is vibrant with various shades of green, from deep forest greens to bright, sunlit yellows. In the foreground, a stream flows through a rocky, mossy bank. To the right, a paved path winds through the park, where a woman and a child are walking. In the background, tall city buildings are visible through the dense canopy of trees. Several birds are captured in flight against the sky. The overall atmosphere is peaceful and natural, contrasting with the urban environment.

# Project Examples



# Toronto Don Lands Project – Toronto Canada

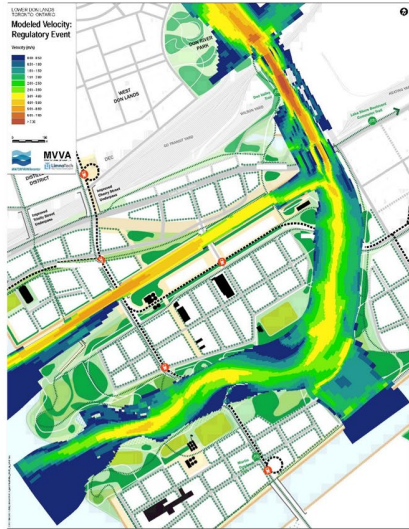


The Toronto Don Lands project combined design of a new mouth for the Don River, engineering control structures, detailed hydraulic and hydrodynamic flood modeling, permitting, and urban design/landscape architecture

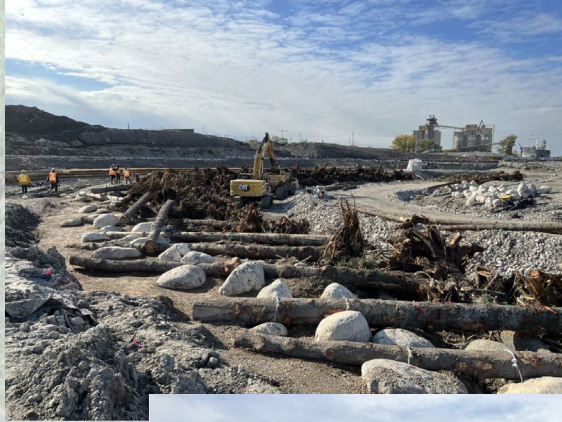
<https://www.waterfrontoronto.ca/>



# Toronto Don Lands Project – Toronto Canada

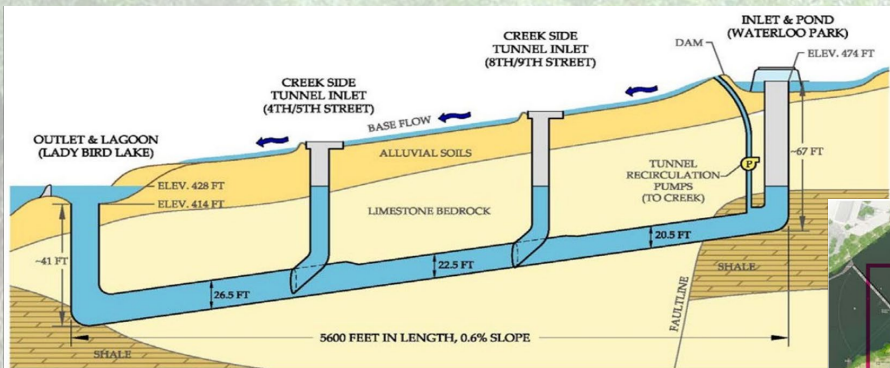


# Toronto Don Lands Project – Toronto Canada





# Waller Creek – Austin, TX



The Austin Waller Creek project combines heavy engineering, hydrologic, hydraulic and water quality modeling, and urban design/landscape architecture



**Construction is Commencing!**

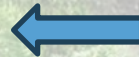
<https://waterloogreenway.org/overview/>



# Tulsa Gathering Place Project – Tulsa, OK

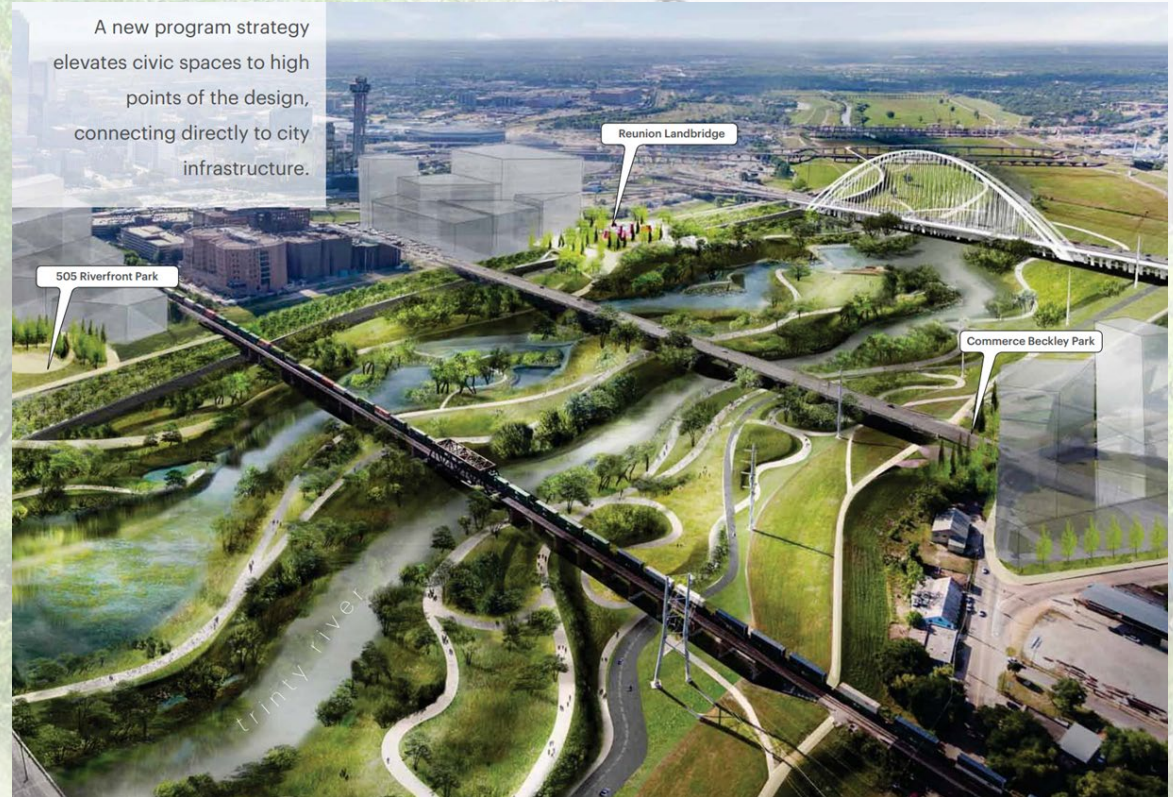


Tulsa Gathering Place project included landside terraforming, hydrologic and hydraulic modeling, permitting, and urban design/landscape architecture



# Harold Simmons Park, Trinity River Project – Dallas, TX

- Flood management
- Sediment management
- Corps permitting and levee management
- River Channel modification / stream geomorphology
- Ecological design of wetlands and river edge margins, grasslands
- Park and trail planning



# Questions



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